



Parent Newsletter

Friday 22nd March 2024

Dear Parents,

Our Christian Value this half term is:

Forgiveness

We all make mistakes from time to time and we all need forgiveness from God and each other. God's love is so great that forgiveness is always possible.

The life of our school community is built on the idea of forgiveness and acceptance of all. We do not stop loving someone when they make mistakes.

We should forgive them and accept that they are sorry.

Bible Verse: For if you forgive men when they sin against you, your heavenly Father will also forgive you. Matthew 6:14

Celebrating our children:



What Would Jesus Do Awards:

Atlantis: Ava Mae for showing courage and perseverance when trying and succeeding at riding a bike.

Enterprise: Murphy for being a shining ray of Christian Values. Living every day like Jesus would.

Endeavour: Thomas – Value of perseverance and wisdom, working hard all week and making good choices in class and on the playground.



Our GRIT Champion:

Get Ready I am Trying!

Discovery: Aurora for digging deep and having a go at everything in class. She has really enjoyed having a go at playing games and turn taking with her friends.

Atlantis: Joshua F for never ever giving up at any task

Enterprise: Ollie W for his amazing swimming. This young man has made SO much progress and we are so proud of his determination.

Endeavour: Josh E for conquering his fear of the zip wire brilliantly at Min Y Don, shouting, 'I am the king of the world.'



Discovery: We have been enjoying the nice Spring weather and we have embraced our creativity by making wonderful natural artwork for Easter

Atlantis: We have been outside creating artwork that reflects our favourite part of the Easter story.

Enterprise: RE. We took part in a sensory story all about Palm Sunday.

Endeavour: This week, we have been outside collecting more facts about our focus scientist Nicolaus Copernicus ready to make a quiz. Year 6 have also completed their Bikeability, going out onto the roads in Much Hoole.



Enrichment

Discovery: We have had a go at yoga and really enjoyed finding time to relax and think about ourselves.

Atlantis: This week we have loved taking part in a Yoga taster.



Enterprise: Yoga - we enjoyed having a moment of calm in our busy day and working on our mindfulness.

Endeavour: This week we have worked with Key Charity to discuss gender stereotypes. We talked about jobs that we consider typically male or female and then we discussed how we can bust those perceptions to make sure we see everyone as equal.

Mindful March:

Mindful March 2024

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY SUNDAY

1. Set an intention to live with awareness and kindness.

2. Notice three things you find beautiful in the outside world.

3. Start today by appreciating your body and then your life.

4. Notice how you speak to yourself and choose to use kind words.

5. Bring to mind people you care about and send love to them.

6. If you find yourself rushing, make an effort to slow down.

7. Take three calm breaths at regular intervals during your day.

8. Eat mindfully. Appreciate the taste, texture and smell of your food.

9. Take a full breath in and out before you reply to others.

10. Get outside and notice how the weather feels on your face.

11. Stay fully present while drinking your cup of tea or coffee.

12. Listen deeply to someone and really hear what they are saying.

13. Pause to watch the sky or clouds for a few minutes today.

14. Find ways to enjoy any chores or tasks that you do.

15. Stop. Breathe. Notice. Repeat regularly.

16. Get really absorbed with an interesting or creative activity.

17. Look around and spot three things you find unusual or pleasant.

18. Have a 'no phone' day and notice how that feels.

19. Cultivate a feeling of loving-kindness towards others today.

20. Focus on what makes you and others happy today.

21. Listen to a piece of music without being anything else.

22. Notice something that is going well, even if today feels difficult.

23. Tune into your feelings without judging or trying to change them.

24. Appreciate your hands and all the things they enable you to do.

25. Focus your attention on the good things you take for granted.

26. Choose to spend less time looking at screens today.

27. Appreciate nature around you, wherever you are.

28. Notice when you're tired and take a break as soon as possible.

29. Choose a different route today and see what you notice.

30. Mentally scan your body and notice what it is feeling.

31. Discover the joy in the simple things of life.

ACTION FOR HAPPINESS Happier · Kinder · Together

Discovery: Pause to watch the clouds for a few minutes today

Atlantis: We have been getting outside and feeling the weather on our face.

Enterprise: Notice something that is going well, even if today feels difficult.

Endeavour: We have been working on analysing our own performance! We have seen what is going well, celebrating that and setting one target to improve.

Important dates for your diary!

25th March:

- Holy Week
- Y2,4 and 6 Parent's Evening

26th March:

- Librarians visiting Ribble Court

27th March:

- Y3/4 Easter Production at 5pm

28th March:

- Easter Service in Church at 9am
- Hubbersty Assembly at 3pm
- ASC closes at 4pm

15th April:

- School reopens for the Summer Term.

17th April:

- Cricket Taster for all children. (PE Kits Please)
- Last Fencing Club

22nd April:

- Class photos. (No PE Kits today please)

24th April:

- EYFS, Y1, Y3, Y5 Parent's Evening

Please continue to check your messages on Dojo for more information.

Have a lovely weekend everyone.

Church News:

EASTER AT ST MICHAEL & ALL ANGELS CHURCH, HOOLE.

Palm Sunday March 24th
10.10am meet at school to process to Church with Donkey. 10.30am Palm Sunday Service with donkey rides.

Passover

Maundy Thursday March 28th
Passover Meal & Holy Communion 7pm At the School.

Good Friday March 29th
Service starts 11.00am An Hour at the Cross in Church with A Children's Hour at the Cross in the Lodge. followed by Hunger Lunch in the Lodge.

Easter Sunday 31st March
9.00am Holy Communion
10.30am Easter Sunday Service with the Children's Easter Egg Hunt

Pizza 'n' Praise

Sunday 17th March
Sunday 28th April
5pm in Church

St Michael and All Angels Church, Liverpool
Old Road, Much Hoole, Preston, PR4 5J
For more details: Lizboland@yahoo.co.uk



We are very much looking forward to having 2 donkeys with us on Sunday for our Palm Sunday Service. Please do join us at 10:10 in the school playground to process to church, where the donkeys will be meeting us for rides for all children during the service.

ST MICHAEL'S CHURCH HOOLE

PALM SUNDAY

March 24th 2024

10.30 Palm Sunday Service

with children's donkey rides.

Meet at St Michael's School playground 10.10

THEN PROCESS TO THE CHURCH WITH THE DONKEY