

Resilience is:

- FAILURE MAKES YOU STRONG AND RESILIENT.
- FAILURE HELPS YOU LEARN WHAT DOESN'T WORK.
- FAILURE BUILDS YOUR CHARACTER.
- FAILURE HELPS YOU DEVELOP PROBLEM-SOLVING SKILLS.
- EVERY FAILURE IS A STEPPING STONE TO SUCCESS.



5 reasons why failing is good!



Dojo epic fails

"THERE IS NO ELEVATOR TO SUCCESS. YOU HAVE TO TAKE THE STAIRS." -ZIGZIGLAR

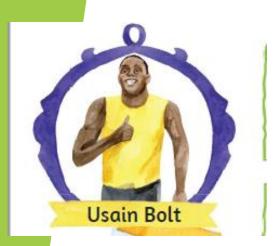


THE STAIRWAY TO SUCCESS



https://www.youtube.com/watch?v=pWVyIE30bPs

Play to your strengths



Play to your strengths

Focus on what you can do something about.





Play to your strengths

Let us run
with endurance
the race God
has set before us.

-Hebrews 12:1



God our father,

Thank you for the lessons I am learning about being resilient. Help me to use my learning to show grit and determination. Help me also to think about what is in my control and what isn't. Let me focus on what matters and run the race you have set me with perseverance.

